Manual handling of loads: Assessment checklist

Section A – Preliminary

Task name: Task description: Load weight: Frequency of lift: Carry distances (if applicable): Are other manual handling tasks carried out by these operators? Assessment discussed with employees/safety representatives:	**Is an assessment needed?** (An assessment will be needed if there is a potential risk of injury). **Yes/No*** *Circle as appropriate
If 'Yes' continue. If 'No' the assessment need go no further.	
Operations covered by this assessment (detailed description): Locations:	Diagrams (other information including existing control measures):
Personnel involved: Date of assessment:	
Overall assessment of the risk of injury? *Circle as appropriate **Low/Medium/High*** Make your overall assessment after you have completed Section B.	