

Section B: Lifting and carrying – More detailed assessment, where necessary

Questions to consider:	Yes/No	Problems occurring from the task (Make rough notes in this column in preparation for the possible remedial action to be taken)	Possible remedial action, eg changes that need to be made to the task, load, working environment etc. Who needs to be involved in implementing the changes?
Other factors to consider			
<i>Protective clothing</i>			
<ul style="list-style-type: none"> Is movement or posture hindered by clothing or personal protective equipment? 	Yes/No		
<ul style="list-style-type: none"> Is there an absence of the correct/suitable PPE being worn? 	Yes/No		
<i>Work organisation (psychosocial factors)</i>			
<ul style="list-style-type: none"> Do workers feel that there has been a lack of consideration given to the planning and scheduling of tasks/rest breaks? 	Yes/No		
<ul style="list-style-type: none"> Do workers feel that there is poor communication between managers and employees (eg not involved in risk assessments or decisions on changes in workstation design)? 	Yes/No		
<ul style="list-style-type: none"> Are there sudden changes in workload, or seasonal changes in volume without mechanisms for dealing with the change? 	Yes/No		
<ul style="list-style-type: none"> Do workers feel they have not been given enough training and information to carry out the task successfully? 	Yes/No		