Small steps stop dermatitis becoming a big problem.

1. Wear disposable non-latex gloves when rinsing, shampooing, colouring, bleaching, etc.
2. Dry your hands thoroughly with a soft cotton or paper towel.
3. Moisturise after washing your hands, as well as at the start and end of each day.
4. Change gloves between clients.
5. Check skin regularly for early signs of dermatitis.

For more information, call 0845 345 0055 or visit www.badhandday.hse.gov.uk