

Small steps stop dermatitis becoming a big problem.

Moisturise after washing your hands, as well as at the start and end of each day.

Dry your hands thoroughly with a soft cotton or paper towel.

Change gloves between clients.

Wear disposable non-latex gloves when rinsing, shampooing, colouring, bleaching, etc.

Check skin regularly for early signs of dermatitis.



For more information,
call 0845 345 0055 or visit
www.badhandday.hse.gov.uk

