Skin care
Hand washing and applying hand cream

Follow the steps shown

1. Wet hands with warm water
2. Apply soap/cleanser
   - Never use solvents
3. Distribute soap/cleanser, rubbing in for 30 seconds
4. Ensure shaded areas are not missed
5. Rinse off all soap/cleanser
6. Ensure shaded areas are not missed
7. Turn off tap with towel
8. Dry thoroughly with soft towel
9. Apply hand cream