

Slips, trips and falls shatter lives

Take action to stop slips, trips and falls in your workplace. New e-tools that can help are available on HSE's website.



STEP Slips and trips e-Learning package

STEP is an e-Learning package developed by HSE, providing slips and trips guidance through interactive learning.

It is an easy way to learn about slips and trips, how they are caused, why preventing them is important and how to tackle them. STEP includes quizzes, videos, animations, case studies and interactive sequences to enhance the learning experience.

Completing this package will aid understanding of slips and trips, but to reduce injuries you will also need to take action in your workplace.



What industries will it suit?

The general course is suitable for many different industries. The four other courses have been specifically designed for food manufacturing, catering and hospitality, education and healthcare.

Who can use it?

Anyone: workers, supervisors, managers, safety representatives, small businesses, health and safety professionals, health and safety trainers, architects, designers and so on. This is because it contains three levels of information:

- *Introductory* (15–20 mins) – A short, snappy course, provides key information in an interactive format that is easy to understand.
- *Intermediate* (1 hour) – Contains several short lessons in simple English on key topics including footwear, flooring and assessing slip and trip risk. This level does not have to be completed in one session, you can dip in and out. It includes cascade materials suitable for group training sessions.
- *Advanced* – Contains a number of detailed lessons, several of a technical nature, eg classification of flooring, procurement of footwear, test methods. If fully completed, this will provide in-depth knowledge, alternatively you can dip in and out to learn about specific topics.



Why should I use it?

When tackling slips and trips it is not always easy to know where to start or what the key issues are; STEP can help. This package provides practical guidance and learning that will, if put into practice, help you to successfully tackle slips and trips in your workplace. It also contains all you need to train others.



How do I access it?

STEP is free to use online via the HSE website (www.hse.gov.uk/slips/step). STEP is available on DVD from HSE Books, for a small charge of £5.00 plus VAT.

Will it help me solve all my slip and trip problems?

If you have a particular slips or trips problem in your workplace, you could contact HSE's Infoline on 0845 345 0055 or visit the HSE slips and trips web pages: www.hse.gov.uk/slips/index.htm.

How does it relate to other slips and trips guidance, tools and the Slips Assessment Tool (SAT)?

STEP complements other slips and trips guidance and tools including: the Slips Assessment Tool (SAT); the slip and trip mapping tool; the hazard spotting tool; the stop slips in kitchens pack.

Why produce an online tool, not a publication?

Unlike published guidance, it can be updated quickly, ensuring that HSE constantly provides up-to-date and relevant slip and trip guidance.

Can I use it to train others?

Yes. You can either let people work through the selected level or, alternatively, you can use the cascade presentations to train several people in one go.



WAIT (WORK at height, ACCESS equipment, INFORMATION, TOOL) e-Learning tool

Aimed at the occasional user of access equipment, WAIT will help you choose the safest type of access equipment, if you need to work at height. It is especially useful if you are self employed or a manager or supervisor of a small or medium-sized enterprise. The tool may also assist individuals who want to find out more information on the variety of work at height access equipment available. It provides guidance based on the information you put in about the type of task you are doing and the environment you are working in.

WAIT helps you select the most appropriate equipment, and supplements your assessment of the health and safety risks caused by the job. Ideally, you need to use the tool at least a day before the planned work activity, taking into account likely weather conditions etc, as this will help you decide what equipment you need, which you may need to hire.

For more information go to:

Shattered Lives – hse.gov.uk/shatteredlives

STEP – www.hse.gov.uk/slips/step

WAIT – www.hse.gov.uk/falls