

# Simple mistakes can shatter lives...



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## ...your actions could help stop them from happening.

You might think you're doing everything you can to prevent falls in your workplace, but everyone could do a lot more. Remember:

- Avoid working at height wherever possible.
- If you have to work at height, use the right equipment for the job and use it safely.
- If you think a ladder is most suitable for the work, check it's set up and secured properly.



HSE offers instant, practical guidance including the WAIT toolkit, which provides simple information on selecting the right access equipment for the task. Stay safe and go to [www.hse.gov.uk/shatteredlives](http://www.hse.gov.uk/shatteredlives)

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