

**Simple mistakes can shatter lives...**



**Here's an easy step to help prevent them**



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## Try the STEP e-tool – and help make your workplace safe

In 2008/09 over 10,000 employees suffered a major injury as a result of a slip or trip at work. They happen in seconds but the results can last a lifetime. The effects are far-reaching, both for those involved and the industries they work in. Slips, trips and falls cost society in the order of £800 million per year.

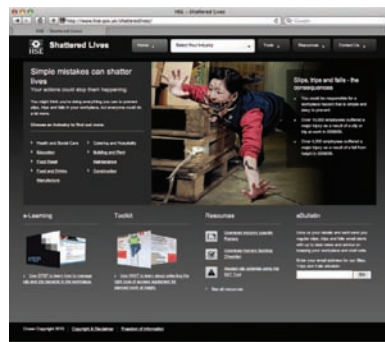
You can help to prevent slip and trip accidents at work by taking some simple steps. To help you, we've created the STEP e-tool – a simple, online guide that will help you manage and prevent slips, trips and falls in the workplace.

## Take 15 minutes to help protect your workforce

The Slips and Trips eLearning Package (STEP for short) is a great introduction to slips, trips and falls, how they are caused and how to prevent them. Just log onto [www.hse.gov.uk/shatteredlives](http://www.hse.gov.uk/shatteredlives) and follow the simple instructions to access the version that's appropriate for your industry.

This easy, interactive tool will help you:

- Understand how slips and trips happen
- Identify areas of slip and trip risk in your workplace
- Take simple steps to prevent slips and trips happening
- Get everyone involved in making your workplace safer



The introductory level takes just 15 minutes. Anyone can use it. So, once you've tried it, why not encourage others to give it a go, or use it for group training? The intermediate and advanced levels give more in-depth and sometimes technical guidance on issues such as footwear and flooring.



### **An NHS Trust cleans up their safety record**

*Winchester and Eastleigh NHS Trust recognised they had problems with slips and trips on wet hospital floors. After attending an HSE slips, trips and falls workshop, the Trust's safety advisor decided to review the cleaning process. Housekeeping staff were issued with micro fibre mops which leave less fluid on the floor and were asked to mop and dry the floor in sections. Since the new system was introduced there has been a massive reduction in slips and trips.*

**Dean Bailey, Safety Advisor for the Trust.**

**“Using the HSE's online risk assessment tools and having the HSE on board was fundamental in reducing the slips and trips within our organisation.”**

## Take action to prevent slips, trips and falls at work today...

Visit [www.hse.gov.uk/shatteredlives](http://www.hse.gov.uk/shatteredlives)

- To access the STEP e-tool
- For more advice on slips, trips and falls, including the Slips Assessment Tool (SAT)
- To access information on selecting the right access equipment for occasional work at height, use the WAIT e-tool
- To order campaign 'danger' display cards for use on staff desks, counters and notice boards.



## Take your first step today!

Visit [www.hse.gov.uk/shatteredlives](http://www.hse.gov.uk/shatteredlives)

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