

You can get asthma from breathing in paint that contains isocyanate.

It may take time to develop asthma. But once you get it, you can never work with or near isocyanate products again.

Spraying causes the most exposure.



Spray **only** in an extracted spray booth/room. Keep everyone else well away from spraying.

Always use air-fed breathing apparatus. The air supplied to the breathing apparatus **must** be at the right pressure, filtered and clean.



## AVOID ASTHMA – DON'T BREATHE PAINT MIST

A lot of the paint mist from your spray gun is invisible. It does not smell and spreads through the air like smoke.



It takes time for fine mist to clear. Find out the booth or room 'clearance time'.

**Never** lift your visor or remove your breathing apparatus during clearance. Keep everyone else out until the paint mist has cleared.



Correct use of breathing apparatus and spray booth/rooms greatly reduces the risk of getting asthma from isocyanates.

For more information, see [www.hse.gov.uk/pubns/indg388.pdf](http://www.hse.gov.uk/pubns/indg388.pdf)