COSHH essentials for printers

This information will help employers comply with the Control of Substances Hazardous to Health Regulations 2002 (COSHH), as amended, to control exposure to chemicals and protect workers' health. It is also useful for trade union safety representatives.

The sheet covers how to select and use respiratory protective equipment (RPE) with a UK Assigned Protection Factor of 40. It is important to follow all the points, or use equally effective measures.

RPE is not a substitute for engineering controls. It is difficult to use, expensive in the longer run, and always fails to danger. If you are using the right controls, RPE is not normally needed. However, some processes always need RPE.

When to use RPE

- While you are planning to install engineering control.
- Clearing up a spillage.
- Maintenance.
- Emergencies.
- Cleaning, eg pressure washing.
- A short-term, one-off procedure.

Selection of BA RPE

- RPE is designed to help protect workers from dusts, fumes, vapours or gases.
- This sheet describes breathing apparatus (BA) that supplies clean air.
- Get an up-to-date safety data sheet for all chemicals and products.
- Fill in the selection table and show it, with Safety Data Sheets, to your RPE supplier.

Types of RPE available

- Fresh air hose BA EN 138/269
- Compressed airline BA hood/helmet/visor LDH3 EN 1835
- Constant flow compressed airline BA hood EN 270/271 or mask EN 139 or 12419
- Constant flow compressed airline BA full face mask EN 139
- Constant flow compressed airline BA LDM3 mask EN 12419
Make sure you get initial fit testing done for tightly fitting masks. Ask the supplier for help in fit testing and arranging training.

### Selection of RPE: Information to help RPE supplier

<table>
<thead>
<tr>
<th>Task/job name</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Chemicals used</td>
<td></td>
</tr>
<tr>
<td>(Section 2 of Safety Data Sheet)</td>
<td></td>
</tr>
<tr>
<td>Physical form</td>
<td>Gas/fume/mist/vapour/dust</td>
</tr>
<tr>
<td>If a liquid, water or solvent based?</td>
<td>Water/solvent/not sure</td>
</tr>
<tr>
<td>Explosive/flammable in air</td>
<td>Yes/no/not sure</td>
</tr>
<tr>
<td>Is the humidity high?</td>
<td>Yes/no/not sure</td>
</tr>
<tr>
<td>How long does the task take?</td>
<td>___ hours / ___ minutes</td>
</tr>
<tr>
<td>Confined space?</td>
<td>Yes/no/not sure</td>
</tr>
<tr>
<td>Work rate</td>
<td>Heavy/medium/light</td>
</tr>
<tr>
<td>Space to do task</td>
<td>Restricted/unrestricted</td>
</tr>
<tr>
<td>Amount of moving around</td>
<td>One place/many places</td>
</tr>
<tr>
<td>Vision requirement</td>
<td>All round/not relevant</td>
</tr>
<tr>
<td>Spoken communication</td>
<td>Necessary/not relevant</td>
</tr>
<tr>
<td>Wearer's physical fitness</td>
<td>OK/not sure – ask a doctor</td>
</tr>
<tr>
<td>Wearer's aspect</td>
<td>Face hair/spectacles/turban</td>
</tr>
<tr>
<td>What other PPE worn?</td>
<td>Hard hat/ear muffs/visor/goggles</td>
</tr>
</tbody>
</table>

### Using RPE

- Wearers must be medically fit to wear RPE – seek medical advice if you are not sure.
- All types of RPE restrict what the wearer can do. It is uncomfortable to wear, particularly for long periods of time.
- The RPE has to be worn all the time, and until the wearer is away from the contaminated air.
- The RPE needs to fit the person. If the RPE depends on a face seal, it won’t work if the worker has face hair or stubble.
- Users should check the fit and where appropriate, the air flow, every time they put on RPE.
✓ Make sure the air supplied to BA is fit to breathe, free of oil, water, carbon monoxide and other fumes. Take care not to trip over air hoses.

**Maintenance of RPE**

✓ Keep RPE clean and in good working order – follow the maker’s instructions.
✓ Maintain RPE at least once every three months. Replace face seals and worn or damaged parts on respirators.
✓ Remember to check the expiry dates on RPE.
✓ Check the air flow every time, and air quality to air-fed RPE at least once every three months, or before use. For mobile compressors, make sure these take in only clean air.
✓ Store RPE in a safe place, away from contamination.
✓ Keep a small stock of replaceable parts.

**Training**

✓ Make sure that RPE users know how to check their equipment is working properly before they put it on, how to check face fit, how to replace worn or defective parts, and know about the RPE’s limitations.
✓ Tell workers to stop work and leave the area if they think their RPE isn’t working properly.
✓ Your RPE supplier may be able to advise you on training.

**Further information**


This guidance is issued by the Health and Safety Executive. Following the guidance is not compulsory and you are free to take other action. But if you do follow the guidance you will normally be doing enough to comply with the law. Health and safety inspectors seek to secure compliance with the law and may refer to this guidance as illustrating good practice.