This information will help employers (including the self-employed) comply with the Control of Substances Hazardous to Health Regulations 2002 (COSHH), as amended, to control exposure to respirable crystalline silica (RCS) and protect workers’ health.

It is also useful for trade union safety representatives.

This sheet describes good practice using RPE.

It covers the points you need to follow to reduce exposure to an adequate level.

It is important to follow all the points, or use equally effective measures.

This sheet does not apply to emergency work. Seek expert advice - see ‘Useful links’.

**Main points**

- Relining produces a great deal of dust.
- Keep exposure as low as possible using all the controls in this sheet. Make sure the controls work.
- Health surveillance is usually needed. See sheet G404.

**Hazard**

- Relining can produce airborne respirable crystalline silica (RCS).
- All RCS is hazardous, causing silicosis. This is a serious lung disease causing permanent disability and early death.
- Silicosis is made worse by smoking.
- ‘Respirable’ means that the dust can get to the deepest parts of the lung. Such fine dust is invisible under normal lighting.
- Keep inhalation of RCS as low as possible.
- When all controls are applied properly, less than 0.1 mg/m³ RCS is usually achievable (based on an 8-hour time-weighted average).
- Refractory ceramic fibre (RCF) can degrade to silica.

**Access and premises**

- Use a permit-to-work for access.
- Post a trained person outside, to act as lookout.
- Provide good access to enable safe waste removal.

**Equipment**

- RPE is normally needed to reduce exposures to an acceptable level.
- Provide a good standard of general ventilation.

**Small furnaces**

- Write a method statement for the job. Dust exposures can be high - specify what controls to use.
- Ensure the work area is cold before starting work. Consider using water for dust suppression.
- For very small furnaces (eg induction furnaces) soak ceramic fibre insulation with water before removal.

**Large furnaces**

- Use a permit-to-work system.
- For hot work, prepare a formal risk assessment. Seek expert advice - see ‘Useful links’.
- Provide an air blower to get fresh air into restricted working places.
- Use a Type H vacuum cleaner fitted with a HEPA filter to remove dust residues. Never use dry brushing or compressed air.

**Procedures**

- Make sure that users check their RPE works properly every time they use it.
**Maintenance, examination and testing**

- Minerals and silica-containing dusts are very abrasive. Plan regular maintenance.
- Follow instructions in maintenance manuals - keep equipment in effective and efficient working order.
- Examine and test RPE thoroughly at least once every three months.
- Visually check compressed airlines for signs of damage before use.
- Check the air flow and air quality to air-fed RPE at least once every three months or before use. Ensure that compressors (including mobile compressors) take in only clean air.
- Keep records of all examinations and tests for at least five years.

**Personal protective equipment (PPE)**

- Ask your supplier to help you get the right PPE.
- Provide storage for clean and contaminated PPE.

- **Respiratory protective equipment (RPE)**
  - RPE is needed and must be compatible with hearing protection.
  - Use air-fed breathing apparatus (BA) with an assigned protection factor (APF) of at least 40. See sheet R5.
  - Provide RPE that includes eye and face protection.
  - Make sure all RPE is properly fit-tested - get advice from your supplier.
  - Keep RPE clean.

- **Other protective equipment**
  - Workers also need coveralls, a hard hat (worn correctly), and protective gloves and footwear.
  - Provide clean, dust-resistant coveralls.
  - Use a contract laundry or a suitable equivalent to wash work clothing. Warn them that the dust contains silica.
  - Skin creams help in washing contamination from the skin. After-work creams help to replace skin oils.
  - **Caution:** Never allow use of compressed air to remove dust from clothing.

**Health surveillance**

- You need health surveillance unless exposure to RCS is well below the limit. See sheet G404.
- Consult an occupational health professional. See ‘Useful links’.

**Cleaning and housekeeping**

- Keep vehicle routes clean or damp to avoid raising dust.
- **Caution:** Don’t use a brush or compressed air.
Training and supervision

✔ Tell your workers that silica dust can cause serious lung disease.
✔ Working in the right way and using the controls correctly is important for exposure control. Train and supervise workers. See sheet FD0.
✔ Workers need specific training for furnace relining.

Further information

- General ventilation in the workplace: Guidance for employers
- Respiratory protective equipment at work: A practical guide
- Permit-to-work systems Leaflet INDG98(rev3) HSE Books 1997
  (single copy free or priced packs of 15 ISBN 0 7176 1331 3)
- For environmental guidelines see sheet FD0

Useful links

- For information about health and safety, or to report inconsistencies or inaccuracies in this guidance, visit www.hse.gov.uk/. You can view HSE guidance online and order priced publications from the website. HSE priced publications are also available from bookshops.
- Contact the British Occupational Hygiene Society (BOHS) on 01332 298101 or at www.bohs.org for lists of qualified hygienists who can help you.
- Look in the Yellow Pages under ‘Health and safety consultants’ and ‘Health authorities and services’ for ‘occupational health’.
- Also see www.nhsplus.nhs.uk.
- British Standards can be obtained in PDF or hard copy formats from BSI: http://shop.bsigroup.com or by contacting BSI Customer Services for hard copies only Tel: 020 8996 9001 email: cservices@bsigroup.com.

Employee checklist

☐ Has the area been vacated and warning signs put up?
☐ Are you sure how to use all dust controls?
☐ Has someone been posted outside, trained to get help in an emergency?
☐ Check your RPE works properly every time you use it.
☐ Check the RPE clean air supply.
☐ Look for signs of leaks, wear and damage every day.
☐ If you find any problems, tell your supervisor. Don’t just carry on working.
☐ Make suggestions to improve the effectiveness of dust control.
☐ Co-operate with health surveillance.
☐ Use, maintain and store your protective equipment in accordance with instructions.
☐ Use skin creams provided as instructed.

This document is available at: www.hse.gov.uk/pubns/guidance/ and www.hse.gov.uk/coshh/essentials/

This document contains notes on good practice which are not compulsory but which you may find helpful in considering what you need to do.
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