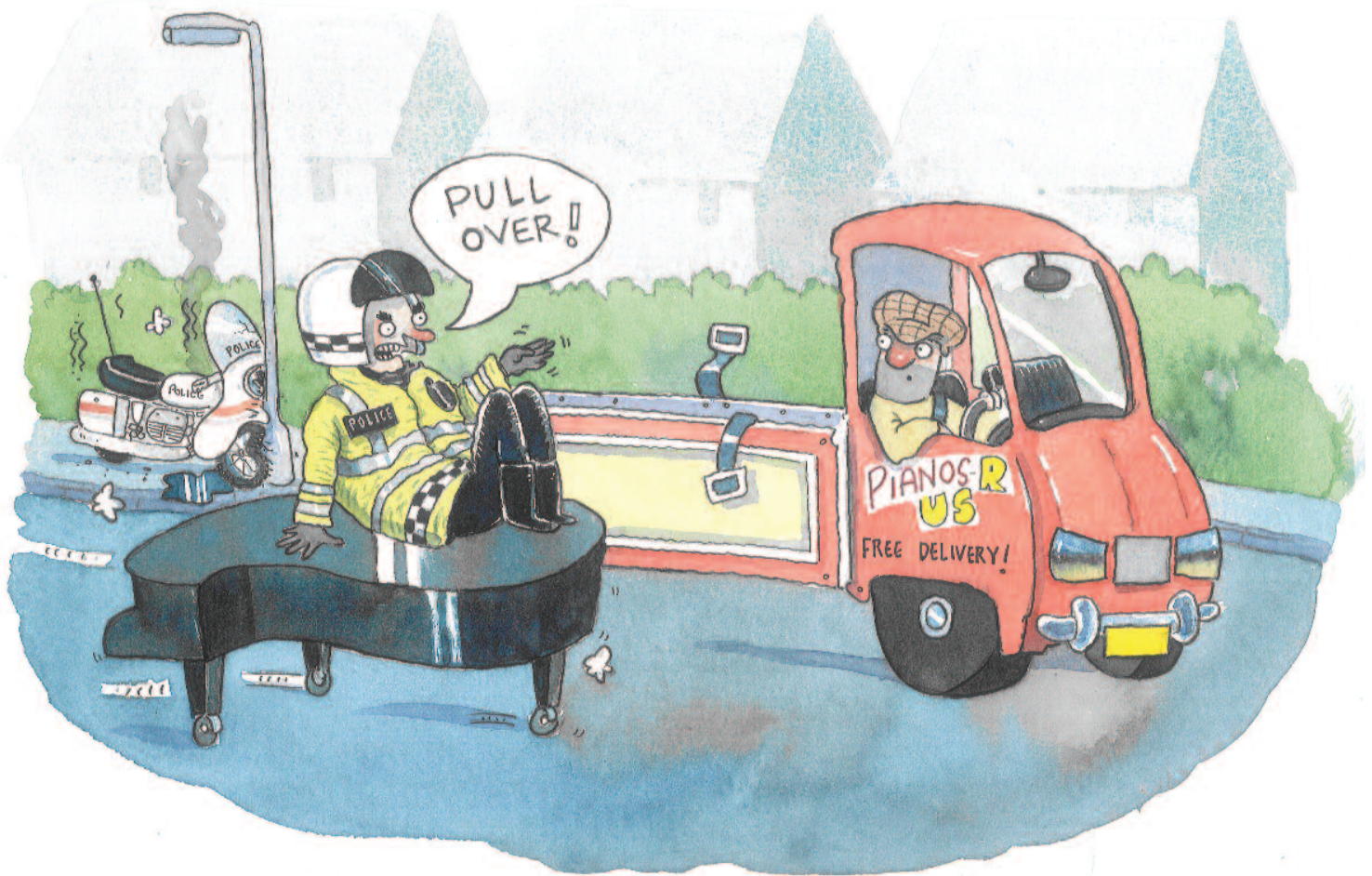


# Great health and safety myths



**The myth** You don't need to secure your load if you're just driving down the road

**The reality** If not properly secured, vehicle loads can become unsafe, even over a short distance.

Loads that haven't been firmly tied down increase the risk of vehicle rollover and spillage. They risk the lives of drivers and other road users, and can also cause annoying traffic disruption.

More than 1200 people a year are injured as a result of unsafe loads, and millions of pounds are lost in damaged goods.

Don't take the risk – make sure your load is restrained and contained!