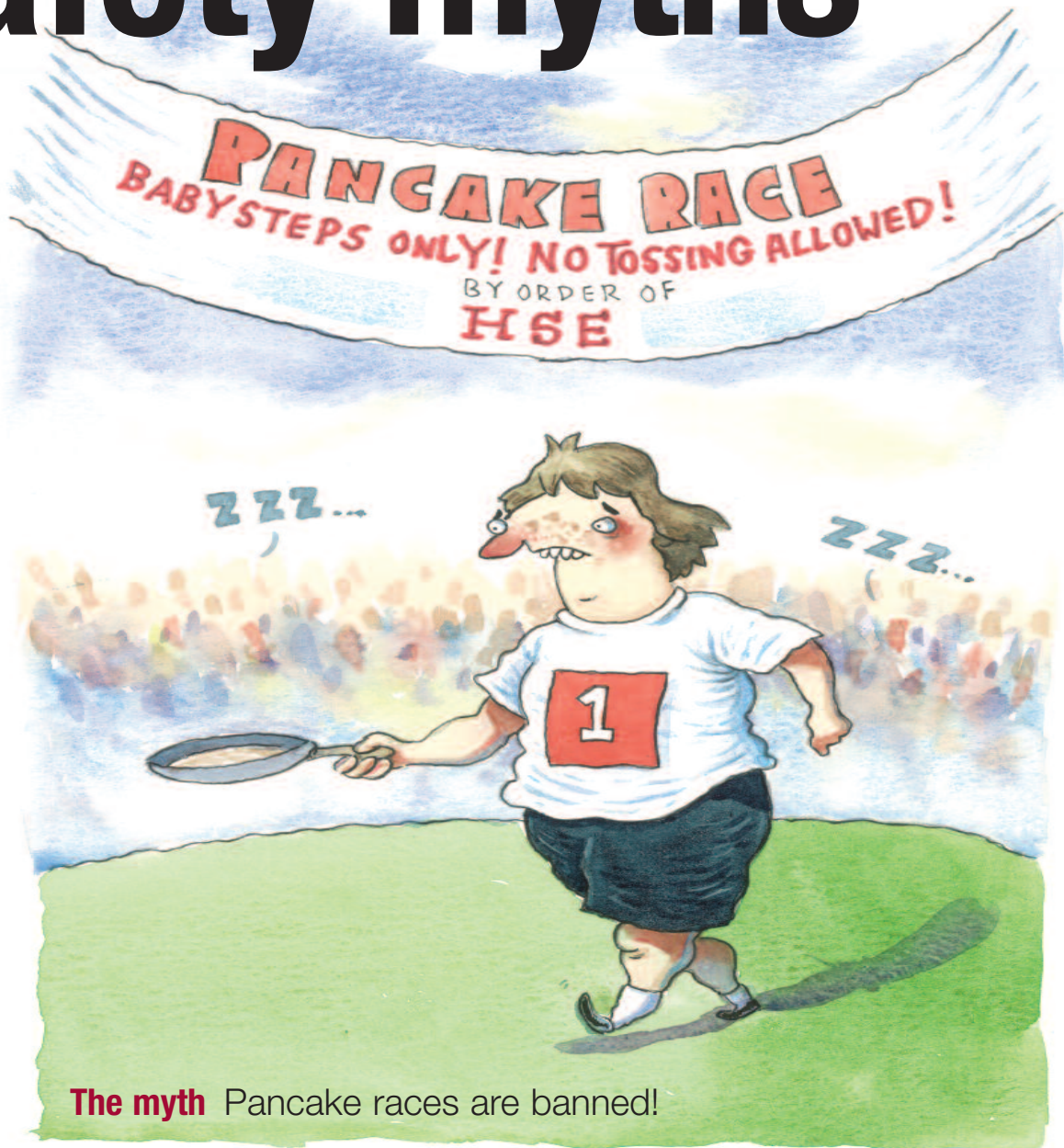


Great health and safety myths



The myth Pancake races are banned!

The reality Health and safety requirements were given as the reason that a pancake race couldn't take place last year.

A straightforward event like this one only needs a short, simple risk assessment. And when an event has taken place lots of times before, all that's needed is a review of the previous assessment – just to check nothing has changed – so that the fun can go ahead!

Managing risk is about practical steps to protect people from real harm and suffering – not bureaucratic back covering.