

# Great health and safety myths



**The myth** You can't throw out sweets at pantos

**The reality** Health and safety rules were blamed when a panto stopped throwing out sweets to the audience. In fact they were worried about the cost of compensation if anyone got hurt.

Realistically, if a panto throws out sweets the chances of someone being seriously hurt is incredibly low. It's certainly not something HSE worries about – as far as we're concerned, this is a case of 'Oh yes you can!'