

Emmie Galilee  
Stakeholder Liaison  
Better Backs Campaign  
Health and Safety Executive  
Rose Court  
2 Southwark Bridge  
London SE1 9HS

date: 22/11/2007

Dear Emmie

**Trinity Mirror Printing Saltire Ltd** is delighted to support this year's Better Backs campaign which aims to reduce the incidence and impact of back pain and upper limb disorders caused or made worse by work and to reduce the number of working days lost to these causes.

We have set ourselves the following goals with view to tackling back pain and upper limb disorders in our work place:

- *Reducing 1 off back pain over 3 day injury to zero in 2008*
- *Ongoing replacement of manual handling activities with mechanical aids, where practically possible*
- *Reviewing all new work practices to try and remove manual handling activities*

We plan to achieve our goals by taking the following actions:

- *Continued replacement of manual handling activities with mechanical aids*
- *Tool box talks with staff from Supervisors/Managers on recognising manual handling hazards and minimising risks*
- *Ongoing awareness campaigns, to highlight hazards*

**Trinity Mirror Printing Saltire Ltd** is committed to working with HSE and the Local Authorities on this issue - together we can make a real difference.

Yours sincerely

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