

Emmie Galilee  
Stakeholder Liaison  
Better Backs Campaign  
Health and Safety Executive  
Rose Court  
2 Southwark Bridge  
London SE1 9HS

1 October 2007

Dear Emmie

T H March & Co Limited is delighted to support this year's Better Backs campaign which aims to reduce the incidence and impact of back pain and upper limb disorders caused or made worse by work and to reduce the number of working days lost to these causes.

We have set ourselves the following goals with view to tackling back pain and upper limb disorders in our work place:

- Provide useful and relevant information, thus supporting all employees in taking care of their own Health and Well-being.
- Continue staff training and risk assessments
- Article on T H March internal intranet regarding the Better Backs Campaign.

We plan to achieve our goals by taking the following actions:

- Providing preventative advice and guidance in maintaining a healthy back.
- Continue to demonstrate the importance we place on the Health, Safety and Welfare of all our Staff.
- Improved awareness of the importance of good back care for our employees both at work and when at home.

T H March & Co Limited is committed to working with HSE and the Local Authorities on this issue - together we can make a real difference.

Yours sincerely

**J A Pittman**  
**ACII Chartered Insurance Broker**  
**Chairman**

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