



Emmie Galilee
Stakeholder Liaison
Better Backs Campaign
Health and Safety Executive
Rose Court, 2 Southwark Bridge
London SE1 9HS

date: 29 November 2007

Dear Emmie

South Cumbria Occupational Health & Safety Group (SCOHS G) is delighted to support this year's Better Backs campaign which aims to reduce the incidence and impact of back pain and upper limb disorders caused or made worse by work and to reduce the number of working days lost to these causes.

We have set ourselves the following goals with view to tackling back pain and upper limb disorders in our work place:

- **Ensure that firms who are members of our group are aware of the HSE Better Back Campaign**
- **Raise awareness of the HSE Better Backs Campaign amongst small and medium sized businesses in our area who are not members of SCOHS G**
- **Facilitate manual handling training for member firms if required**

We plan to achieve our goals by taking the following actions:

- *Providing information to member firms at our regular monthly meetings*
- *Run a Better Backs & other musculoskeletal disorders day seminar in October 2008 if we can get support from HSE to do this*
- *Regularly remind members to check the HSE website for HSE campaign information*

South Cumbria Occupational Health & Safety Group is committed to working with HSE and the Local Authorities on this issue - together we can make a real difference.

Please would you let me know if HSE will be able to support our proposed seminar ***Better Backs & Other Musculoskeletal Disorders*** by providing speakers and possibly some financial support? Our 2008 seminar is scheduled for Thursday 16th October 2008 at the Netherwood Hotel, Grange-over-Sands, Cumbria and we would like to link it to one HSE's 2008 campaigns.

Yours sincerely

Valerie H Kennedy

*Vice Chairman, South Cumbria Occupational Health & Safety Group
Vice Chairman, South Cumbria IOSH District*