

Emmie Galilee  
Stakeholder Liaison  
Better Backs Campaign  
Health and Safety Executive  
Rose Court  
2 Southwark Bridge  
London SE1 9HS

date: 10th April 2008

Dear Emmie

*The sterile services unit at Scarborough NHS Trust is delighted to support this year's Better Backs campaign which aims to reduce the incidence and impact of back pain and upper limb disorders caused or made worse by work and to reduce the number of working days lost to these causes.*

We have set ourselves the following goals with view to tackling back pain and upper limb disorders in our work place:

- **Reduce load weights & improve general moving & Handling within our department**
- **Train our staff in moving & handling issues specific to our department**
- **Following our success, disseminate our findings to other areas within our organisation to share.**

We plan to achieve our goals by taking the following actions:

- *Reviewing our existing moving and handling techniques*
- *Providing bespoke training to the sterile services staff*
- *Meeting with our Health & safety manager to disseminate any successes to other areas within the organisation*

*Sterile services Unit at Scarborough NHS Trust is committed to working with HSE and the Local Authorities on this issue - together we can make a real difference.*

Yours sincerely

David Biggins  
Theatre & Associated Services Manager

Scarborough and North East Yorkshire Healthcare   
NHS Trust