

Emmie Galilee
Stakeholder Liaison
Better Backs Campaign
Health and Safety Executive
Rose Court
2 Southwark Bridge
London SE1 9HS

date:

Dear Emmie

NHS South of Tyne and Wear is delighted to support this year's Better Backs campaign which aims to reduce the incidence and impact of back pain and upper limb disorders caused or made worse by work and to reduce the number of working days lost to these causes.

We have set ourselves the following goals with view to tackling back pain and upper limb disorders in our work place:

- **Raise awareness to all employees throughout the Trust.**
- **Promote the benefits and the need to carry out risk assessment.**
- **Take our responsibilities for the maintenance and reduction of musculoskeletal injuries seriously.**

We plan to achieve our goals by taking the following actions:

- *Delivering induction and annual statutory and mandatory training distributing information.*
- *Sign posting staff to HSE Better Backs campaign.*
- *Developing a robust manual handling policy.*
- *Development and implementation of a consistent and evidence based moving and handling package for all staff groups.*

Name of organisation is committed to working with HSE and the Local Authorities on this issue - together we can make a real difference.

Yours sincerely

Melanie Byers
Health and Safety Advisor