

Emmie Galilee
Stakeholder Liaison
Better Backs Campaign
Health and Safety Executive
Rose Court
2 Southwark Bridge
London SE1 9HS

25th January 2008

Dear Emmie

The Horse Trust is delighted to support this year's Better Backs campaign which aims to reduce the incidence and impact of back pain and upper limb disorders caused or made worse by work and to reduce the number of working days lost to these causes.

We have set ourselves the following goals with view to tackling back pain and upper limb disorders in our work place:

- **Reduce the incidence of back injuries amongst our Yard Staff**

We plan to achieve our goals by taking the following actions:

- **Complete Manual Handling Training – either via external trainer or via in house training**
- **Ensure up to date material is available for staff on manual handling and safe lifting**
- **Ensure all equipment supplied by the Trust is used appropriately**
- **Encourage staff to report back injuries to line management promptly**
- **Early referral to Occupational Health Consultant**
- **Use of appropriate Reintroduction to the Workplace Plans**
- **Ensure Risk Assessment up to date and accessible for staff**
- **Ensure the daily structure allows for variety of tasks**

- **Ensure PPE is appropriate for the tasks**
- **Pregnant workers, younger, older, ill health and less fit workers need specific training**
- **Use the Manual Handling Assessment Tool**

The Horse Trust is committed to working with HSE and the Local Authorities on this issue - together we can make a real difference.

Yours sincerely

Julie Bullard
HR Manager
The Horse Trust