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Emmie Galilee Stakeholder Liaison Better Backs Campaign Health and Safety Executive Rose Court 2 Southwark Bridge London SE1 9HS	Your reference Our reference Date	 12 th November 2007
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Dear Emmie

HMP Lindholme is delighted to support this year's Better Backs campaign which aims to reduce the incidence and impact of back pain and upper limb disorders caused or made worse by work and to reduce the number of working days lost to these causes.

We have set ourselves the following goals with view to tackling back pain and upper limb disorders in our work place:

- **Reduce the level of sickness absence due to back injuries at work**
- **Increase staff knowledge of back care issues**
- **Ensure all key staff are trained in manual handling techniques**

We plan to achieve our goals by taking the following actions:

- **Staff briefing / information sessions**
- **Reviewing all manual handling activities to ensure that Risk levels are as low as is reasonably practicable**
- **Running manual handling instruction and coaching sessions**

HMP Lindholme is committed to working with HSE and the Local Authorities on this issue - together we can make a real difference.

Yours sincerely

Chris Kitson
Health & Safety Manager