

Emmie Galilee
Stakeholder Liaison
Better Backs Campaign
Health and Safety Executive
Rose Court
2 Southwark Bridge
London SE1 9HS

date: 08/04/08

Dear Emmie

Ergonomic Essentials are delighted to support this year's Better Backs campaign which aims to reduce the incidence and impact of back pain and upper limb disorders caused or made worse by work and to reduce the number of working days lost to these causes.

We have set ourselves the following goals with view to tackling back pain and upper limb disorders in our work place:

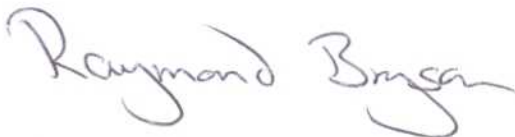
- **Ensuring all members of Staff have the correct equipment to carry out there daily duties within the work place**
- **All Staff take regular breaks (Rest eyes/ Stretch Breaks)**
- **To supply height adjustable desks to all members of staff**

We plan to achieve our goals by taking the following actions:

- ***All staff to have regular DSE assessments***
- ***Introducing Postureminder to all staff***
- **Upgrade all working environments**

Ergonomic Essentials is committed to working with HSE and the Local Authorities on this issue - together we can make a real difference.

Yours sincerely



Raymond Bryson
Director
Ergonomic Essentials Limited