

Emmie Galilee
Stakeholder Liaison
Better Backs Campaign
Health and Safety Executive
Rose Court
2 Southwark Bridge
London SE1 9HS

date: 28th January 2008

Dear Emmie

Sea of Dreams Ltd is delighted to support this year's Better Backs campaign which aims to reduce the incidence and impact of back pain and upper limb disorders caused or made worse by work and to reduce the number of working days lost to these causes.

We have set ourselves the following goals with view to tackling back pain and upper limb disorders in the work place:

- **To assist companies in Lincoln and surrounding areas substantially reduce stress induced MSD**

We plan to achieve our goals by taking the following actions:

- **By promoting the benefits of good posture**
- **To provide guidance on healthy eating**
- **To offer work place based spinal mobilisation**
- **To offer subsidised floatation therapy**

Sea of Dreams Ltd is committed to working with HSE and the Local Authorities on this issue - together we can make a real difference.

Yours sincerely

Graham Brown
Director
Sea of Dreams Ltd