

Emmie Galilee  
Stakeholder Liaison  
Better Backs Campaign  
Health and Safety Executive  
Rose Court  
2 Southwark Bridge  
London SE1 9HS



date: 07 November 2007

Dear Emmie

**Conwy County Borough Council** is delighted to support this year's Better Backs campaign which aims to reduce the incidence and impact of back pain and upper limb disorders caused or made worse by work and to reduce the number of working days lost to these causes.

We have set ourselves the following goals with view to tackling back pain and upper limb disorders in our work place:

- **Monthly meeting with personnel officers to discuss sickness absence**
- **Reduce days off from work due to musculoskeletal injuries**
- Informative Web pages staff can access in relation to prevention of musculoskeletal injuries.

We plan to achieve our goals by taking the following actions:

- ***Back Care/ musculoskeletal clinics***
- ***Phased return to work***
- **Manual Handling competency assessments**

**Conwy County Borough Council** is committed to working with HSE and the Local Authorities on this issue - together we can make a real difference.

Yours sincerely

Davina Jones  
Strategic Back Care Advisor