

Emmie Galilee
Stakeholder Liaison
Better Backs Campaign
Health and Safety Executive
Rose Court
2 Southwark Bridge
London SE1 9HS

date: 18.3.08

Dear Emmie

The Canute Group is delighted to support this year's Better Backs campaign which aims to reduce the incidence and impact of back pain and upper limb disorders caused or made worse by work and to reduce the number of working days lost to these causes.

We have set ourselves the following goals with view to tackling back pain and upper limb disorders in our work place:

- **Raise awareness of musculoskeletal injuries and specifically back injuries**
- **Provide focussed training for individuals within the organisation**
- **Train local health and safety representatives in understanding of the cause of back pains and how to guide and educate employees.**
- **Monitor accidents, focus efforts on education and training, with an aim to reduce the incidence of back pain as a cause of accidents and lost time.**

We plan to achieve our goals by taking the following actions:

- *Publicise the involvement with HSE and distribute supporting materials.*
- *Complete planned training around the company over the next 12 months*
- *Involve employees in giving feedback on local concerns for manual handling and causes of associated back and upper limb injuries. Guide the local depots and individuals to providing their own solutions to make their work safer.*
- *Exchange ideas and findings through the health and safety committee to establish best practices.*
- *Involve clients and other interested parties in order to get a 'complete' interaction and improvement in working practices.*
- *Reduce the incidence of back injury and lost time incidents.*

The Canute Group is committed to working with HSE and the Local Authorities on this issue - together we can make a real difference.

Yours sincerely

Roger Newell
Executive for Health Safety, Quality and Environment