

Please tell us what you think

We hope you have found this pack useful. It would help us to produce a better one for the next campaign if you could answer a few questions and return this letter FREEPOST to us.

1 Was the level of advice given in the information sheets (tick one):

- Not enough About right
 Just what I needed Too technical

2 Was the amount of information in the pack (tick one):

- Not enough About right
 Just what I needed Too much to take in

3 How do you expect to use the advice in the information sheets (tick one):

- In a presentation to others
 To persuade colleagues to make workplace changes
 To give to others who ask for advice
 As reference only

4 Please rate the information sheets from 1-5 according to how useful you found them – with 1 being the most useful:

Better Backs campaign: A national campaign to tackle back pain and upper limb disorders at work **1 2 3 4 5**

Getting to grips with manual handling: A short guide **1 2 3 4 5**

Lifting and handling aids: Advice for employers **1 2 3 4 5**

Upper limb disorders in the workplace: Risk factor checklist **1 2 3 4 5**

VDU workstation checklist: Checklist for safety representatives **1 2 3 4 5**

Staying active and returning to work: Advice for workers **1 2 3 4 5**

A short guide to managing sickness absence and return to work: Advice for employers **1 2 3 4 5**

Manual handling training courses **1 2 3 4 5**

The Better Backs campaign CD **1 2 3 4 5**

5 What is your preferred format for the information sheets (tick one)?

- Hard copy Download from the web
 Get it all on a CD

6 Would you have liked the pack to include information on other topics (tick as many as you want)?

- Lower limbs (ankles, legs, knees and hips)
 Medical advice on musculoskeletal disorders
 Any non-MSD topics (such as asbestos, or infectious diseases). Please give more detail:

Some information about yourself:

1 What is your **main** responsibility in your workplace (tick one)?

- Health and safety
 Junior manager or supervisor
 Managing director or senior manager
 No management role
 Personnel/human resources
 Production/operations manager

2 What is the approximate number of employees at your workplace?

- Small (under 50) Medium (50+)
 Large (250+)

B

SECOND FOLD

FIRST FOLD

HSE Books
PO Box 99
FREEPOST ANG 10016
Sudbury
Suffolk
CO10 6SN

2



THIRD FOLD

A

Put **A** inside **B**
(please do not staple or glue this form)