

MUM'S THE WORD

A guide for new
and expectant mothers
who work



Are you

*continuing to work while you
are pregnant?*

Have you

*given birth during the last six
months and are planning to
return to work?*

Are you

still breastfeeding?



If your answer is 'yes' to these questions you need to read the new leaflet from HSE *A guide for new and expectant mothers who work* (INDG373 HSE Books 2003, single copy free or priced packs of 10

ISBN 0 7176 2614 8) available from HSE Books, or to download from the HSE website, www.hse.gov.uk/mothers

