Help make your workplace safer
HSE, ORR and Trades Unions recognise that workplaces with health and safety representatives are safer and healthier as a result. We encourage workers to become involved as safety representatives.

European research suggests that women are under-represented in the health and safety decision-making process. In particular, more women are needed to be safety representatives.

By representing your colleagues you’re playing a vital and rewarding role in:

- helping to make the workplace ‘safe and sound’ for the benefit of all; and
- making sure that women’s views and experience of workplace health and safety are taken into account.

**What will you be doing?**

Your role will be to keep your colleagues involved in health and safety matters and represent them.

**What are the benefits?**

Your participation as a safety representative will help you:

- increase your skills and value in the workplace; and
- help protect your colleagues from health and safety risks

If you are interested in becoming a safety representative and helping to ensure that your workplace is both a safe and healthy place to work, then contact your union.

Find out more from [www.hse.gov.uk/involvement/hsrepresentatives.htm](http://www.hse.gov.uk/involvement/hsrepresentatives.htm) or visit HSE’s ‘Do your bit’ website at [www.hse.gov.uk/involvement/doyourbit/](http://www.hse.gov.uk/involvement/doyourbit/)

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