



Even working at a low height can be a high risk.

Last year, over 2000 people had serious accidents while working at low height. Most needed time off work to recover from injuries such as serious cuts or a broken arm. Whatever height you work at, make sure you plan ahead and know how to use the right equipment safely. For advice visit [hse.gov.uk/falls](https://www.hse.gov.uk/falls) or call HSE Infoline on **0845 345 0055**.

Take a moment, not a fall.



Better health & safety
benefits everyone