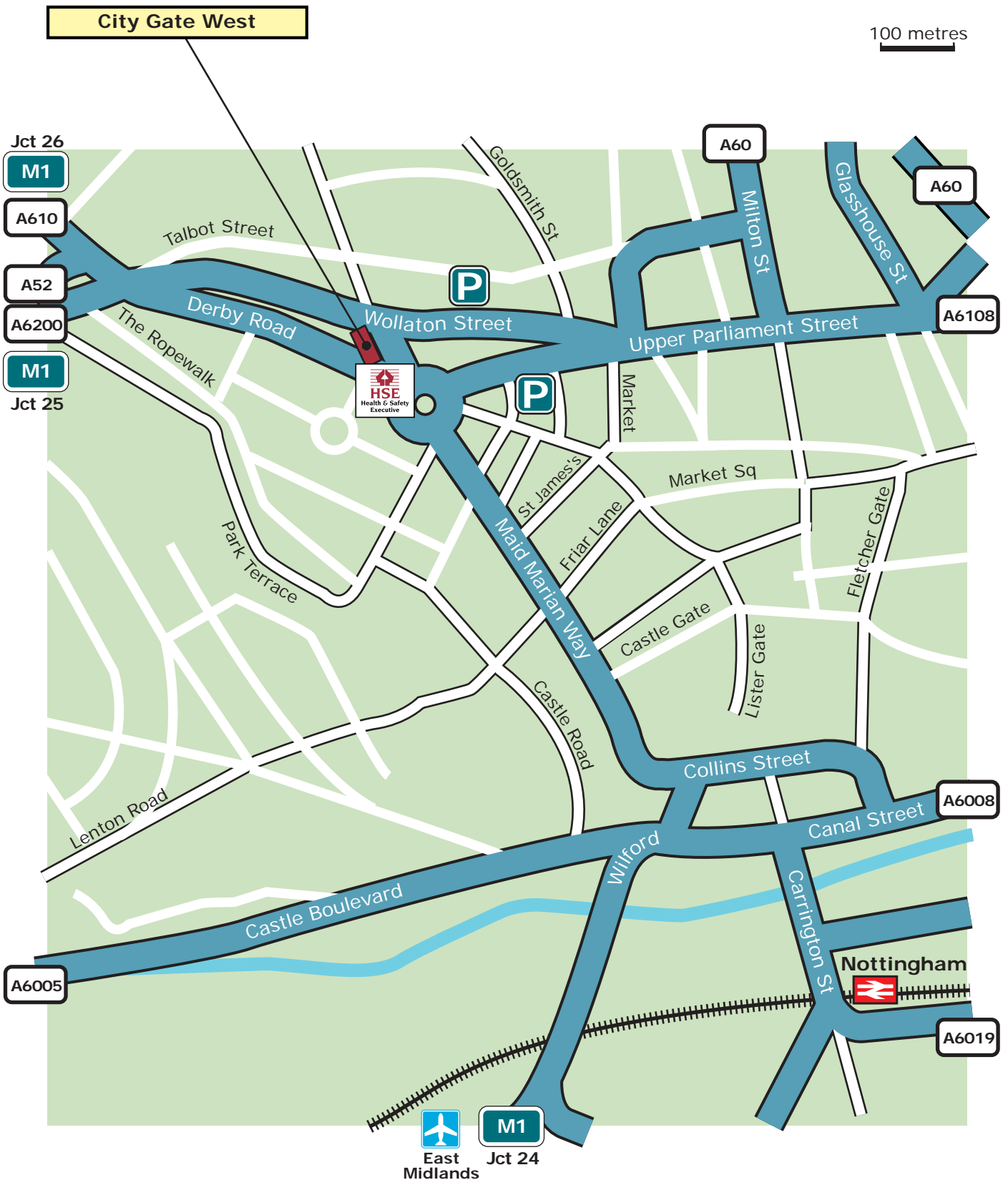




Nottingham

City Gate West, 1st Floor, Toll House Hill, Nottingham NG1 5AT

Telephone: 0115 971 2800 VPN: 513 2800 GTN: (7) 6252 2800 Fax: 0115 971 2802





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How To Find Us

By Road

From the North - M1, Junction 26

From the **M1**, exit at **Junction 26** – at the roundabout take the 1st exit onto the **A610** and follow signs for **Nottingham**. Continue on the **A610** for approx 4.5 miles – following signs to the **City Centre (Nuthall Road turns into Alfreton Road)**. At the end of **Alfreton Road** you will reach **Canning Circus** and enter a one-way system. Continue straight ahead onto **Wollaton Street** for approx 400 metres, taking the right fork onto **Toll House Hill**. **City Gate West** is located on your right hand side as you approach the island. For car parking, turn left onto Upper Parliament Street and use the Euro Car Park which is located approx 200 metres along on the right. The HSE offices and reception are situated on the first floor of **City Gate West**.

From the West - M1, Junction 25

From the **M1**, exit at **Junction 25** – at the roundabout take the **A52 (towards Nottingham)** and follow **A52/Nottingham** signs for approx 5 miles. At the 4th roundabout you will see the **Queens Medical Centre** on your right. Carry straight on – following signs for **A6200/City Centre**. The road rises up an incline and narrows, at the top, you come to a set of traffic lights on what is in effect a large roundabout with buildings in the centre (**Canning Circus**). Follow this round around onto **Wollaton Street** for approx 400 metres, taking the right fork onto **Toll House Hill**. **City Gate West** is located on your right hand side as you approach the island. For car parking, turn left onto Upper Parliament Street and use the Euro Car Park which is located approx 200 metres along on the right. The HSE offices and reception are situated on the first floor of **City Gate West**.

From the South – M1, Junction 24

From the **M1**, exit at **Junction 24** onto the **A453**. Continue on the **A453** for approx 6 miles following the signs for **Nottingham/City Centre** - picking up directions on map from **Wilford Street** (bridge over the canal), bear slightly right, then first left onto **Maid Marion Way**. At the end of **Maid Marion Way** is a roundabout, **City Gate West** is located directly ahead of you on the opposite side of the island. For car parking, turn right onto **Upper Parliament Street** and use the Euro Car Park which is located approx 200 metres along on the right. The HSE offices and reception are situated on the first floor of **City Gate West**.

Car Parking

There are six car parking facilities for visitors. These are available on a first come first serve basis or can be reserved in advance by phoning the Nottingham office. If all six spaces are full or have been reserved, visitors are advised to use either the Euro Car Park located next on **Upper Parliament Street**, or the multi-storey car park located on **Wollaton Street**.

By tram (from the North)

The trams provide a convenient way of traveling to the City Centre via the park and ride. Parking is free. The trams run every 12 minutes and the journey time to the city centre is 20 minutes. Pay the conductor on board the tram. Leave the tram at the **'Royal Centre'**. On leaving the tram, turn to the right and then cross to the right onto **Upper Parliament Street**. Walk down **Parliament Street** for approx 400 metres until you reach the island. **City Gate West** is located on the right, across **Toll House Hill**. To return take a tram to **'Phoenix Park'** from the opposite platform from where you originally alighted.

By Rail

You can either walk (15 minutes) or catch a tram to the office.

On Foot from the train station:

Come out the main entrance of railway station and turn right, go down steps and cross zebra crossing, proceeding along **Carrington Street** to junction with **Canal Street**, cross the road and continue straight alongside the **Broad Marsh Bus Station** which is on your right, follow the underpass (under **Collin Street**) to the other side of the road. At top of incline turn immediately right and go through the doors into the **Broad Marsh Shopping Centre**. Continue straight ahead through the other side and out through the doors onto **Listergate**. Continue along until you reach a fork in the pavement, **St Peters Church** will be on your right. Bear left onto **Wheeler Gate** and proceed along until you come to the **Old Market Square**. Keep to the left on **Long Row** and walk past the Library and onto **Upper Parliament Street**. To your left is an island. **City Gate West** is located on the other side of the island, across **Toll House Hill**.

Via Tram from the train station:

On leaving the train ascend the pedestrian bridge that connects mid way along the platforms. Head north following the tram signs. Take any tram, to the **'Royal Centre'** tram stop. Pay the conductor on the tram. Journey time is about 5 minutes. On leaving the tram turn left and then immediately right onto **Upper Parliament Street**. Walk down **Parliament Street** for approx 400 metres until you reach the island. **City Gate West** is located on the right, across **Toll House Hill**. To return to the station take any tram leaving from the opposite platform from where you originally alighted