

'Achieving Behavioural Change' (ABC) Course
Approximate Timings – First Run

09:00 – 09:20	Administration and Introduction
09:20 – 10:45	Up to Exercise 2 (Legal Duties)
11:00 – 12:30	Up to Exercise 5 (Cost of Accidents)
13:00 – 14:15	Attitude, Behaviour, Communication and Worker Engagement
14:30 – 15:15	Benefits of Getting it Right and Achieving the 'ABC' Goal
15:15 – 16:00	Syndicate Exercises using 'STAARR' and / or 'TASK' card
16:00 – 16:30	End Test/Marking/Feedback – Pass or Fail