

'ABC' Course

Exercise 1: Consequences of an Accident

Mr Bloggs is working on a refurbishment project pulling cables through exposed beams, prior to the fitment of a suspended ceiling.

He falls 1.5 metres from a set of stepladders he has used many times previously.

Mr Bloggs is seriously injured.

Please answer the following questions.

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Question and Answer Sheet – Exercise 1

1. What Legislation may be relevant?

2. Who has a duty of care?

3. Who might investigate and why?

4. Could anyone be prosecuted?

5. What questions might be asked?

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Exercise 2: Legal Duties

In groups, list five legal duties for employers and five legal duties for employees relating to health and safety.

Employers' Duties	Employees' Duties
1	1
2	2
3	3
4	4
5	5

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Exercise 3: Health & Safety Problems

In groups, list five health and safety problems you often have on site.

Problem	
1	
2	
3	
4	
5	

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Exercise 4A: Unsafe Acts

In groups, list five unsafe acts.

Unsafe Acts	
1	
2	
3	
4	
5	

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Exercise 4B: Unsafe Conditions

In groups, list five unsafe conditions.

Unsafe Conditions	
1	
2	
3	
4	
5	

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Exercise 5: Costs of Accidents

In groups, list five costs that are produced when an accident happens. Costs could be to the employer or the employee.

1
2
3
4
5

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Exercise 6a: Motivation for Behavioural Safety (Non-Supervisors)

In groups, list five ways in which you think your manager or supervisor could motivate you.

1
2
3
4
5

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Exercise 6b: Motivation for Safe Behaviour (Supervisors)

In groups, list five ways in which you think you could motivate your team.

1
2
3
4
5

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Exercise 7: Benefits of Good Health & Safety Performance

In groups, list five benefits of good health and safety performance.

Benefits
1
2
3
4
5

