All workers have a right to work in places where risks to their health and safety are properly controlled. Health and safety is about preventing people getting hurt at work or becoming ill through work. Your employer is responsible for health and safety, but workers must play a part.

What employers must do

1. Decide what could harm people and take precautions to stop it happening. This is called a risk assessment. Explain how risks will be controlled, in a way you can understand.
2. Let you know who is responsible for making this happen.
3. Involve you and your health and safety representatives in deciding what could harm you in your job and in taking precautions.
4. Give you the health and safety training you need to do your job, free.
5. Provide you with any suitable equipment and protective clothing you need, free and ensure it is properly looked after.
6. Provide you with toilets, washing facilities and drinking water.
7. Provide adequate first aid facilities.
8. Report injuries, diseases and dangerous occurrences at work to the Incident Contact Centre: 0845 300 99 23
9. Have insurance covering liability for injury or disease caused to employees by their work. Display a copy of the current certificate of insurance where you can easily read it or access it electronically.
10. Work together with any other employers or contractors sharing the workplace, or providing employees (such as agency workers), so that everyone’s health and safety is protected.

What workers must do

1. Use any work items your employer has given you, as you have been trained to do.
2. Take reasonable care of your own health and safety and other people’s.
3. Co-operate with your employer on health and safety.
4. Tell someone (your employer, or the person responsible for health and safety) if you think something is wrong, and the work or protective measures are giving rise to serious health and safety risks.

If there’s a problem

1. Talk to your employer or supervisor. If you are not satisfied, you can contact HSE or your local council.
2. Call HSE’s Infoline to get information about health and safety in confidence. Infoline can also tell you how to contact the enforcing authority for health and safety in your workplace and your local Employment Medical Advisory Service: 0845 345 0055
3. If you are worried about your employer, you can speak to us confidentially and without giving your name.
4. Look at HSE’s website for further advice: www.hse.gov.uk

Fire safety
You can get advice on general fire precautions etc from the Fire Brigade or your fire officer.

Employment rights
You can find out more about your employment rights on the Directgov website at: www.direct.gov.uk

Your health and safety representatives:

Other health and safety contacts: