

Occupational Health, Safety & Welfare Service

Enquiries to: Lorna Mansell

7th December 2007

Emmie Galilee
Stakeholder Liaison
Better Backs Campaign
Health and Safety Executive
Rose Court
2 Southwark Bridge
London SE1 9HS

Occupational Health
Safety & Welfare
Guildhall
Kingston upon Thames
Surrey KT1 1EU

Direct: 020 8547 5187
Fax: 020 8547 5186

Dear Emmie

The Royal Borough of Kingston is delighted to support this year's Better Backs campaign which aims to reduce the incidence and impact of back pain and upper limb disorders caused or made worse by work and to reduce the number of working days lost to these causes.

We have set ourselves the following goals with view to tackling back pain and upper limb disorders in our work place:

- **Promote good health within the workplace**
- **Reduce sickness absence related to back pain**
- **Revise our sickness absence policy**

We plan to achieve our goals by taking the following actions:

- ***Ensuring that we have reduced risks as far as possible***
- ***Provided training and advice on safe handling and care of your back***
- ***Encouraged staff to remain active and maintain levels of overall fitness***
- ***Prompt referral for Occupational Health advice in event of developing back pain or requiring absence due to back pain***
- ***Develop stronger links with voluntary sector which is running support groups and hydrotherapy sessions for people with longer term back pain***

Royal Borough of Kingston is committed to working with HSE and the Local Authorities on this issue - together we can make a real difference.

Yours sincerely

Lorna Mansell
Occupational Health & Safety Manager