

Emmie Galilee
Stakeholder Liaison
Better Backs Campaign
Health and Safety Executive
Rose Court
2 Southwark Bridge
London SE1 9HS



date: 23/10/07

Dear Emmie

PEHPS TRAINING CONSULTANCY is delighted to support this year's Better Backs campaign which aims to reduce the incidence and impact of back pain and upper limb disorders caused or made worse by work and to reduce the number of working days lost to these causes.

We have set ourselves the following goals with view to tackling back pain and upper limb disorders in our work place:

- **Goal 1:** Help reduce back injuries which are caused by poor Manual Handling procedures in the Workplace.
- **Goal 2:** Help reduce incidences of MSDs caused by unsafe Manual Moving Handling
- **Goal 3:** Help reduce the number of working days lost due to injuries from poor Manual Handling

We plan to achieve our goals by taking the following actions:

Action 1. Delivering road shows and workshops of what Manual Handling is and its Impacts.

Action 2. Inviting Heads and Managers of Workplaces to testers at our venue or their venues, where PEHPS TC highlights statics and Case Studies of real life stories on Manual Handling Injuries etc.

Action 3. Deliver short courses where PEHPS TC talks about Risk Assessment, Legal Compliance and how Back Injuries can be reduced in order to have "Better Backs"

PEHPS TRAINING CONSULTANCY is committed to working with HSE and the Local Authorities on this issue - together we can make a real difference.

Yours sincerely,

Shumba R. N. Mambo (Managing Director – Trainer Consultant)

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