

Emmie Galilee
Stakeholder Liaison
Better Backs Campaign
Health and Safety Executive
Rose Court
2 Southwark Bridge
London SE1 9HS

date: Thursday 8th November 2007

Dear Emmie

Essex Food Safety Services is delighted to support this year's Better Backs campaign which aims to reduce the incidence and impact of back pain and upper limb disorders caused or made worse by work and to reduce the number of working days lost to these causes.

We have set ourselves the following goals with view to tackling back pain and upper limb disorders in our work place:

- **goal 1 To make ALL of my clients aware of the importance of training staff to prevent back injuries.**
- **goal 2 To provide cost effective training appropriate to client's needs.**
- **goal 3 To make the training short, succinct and participative.**

We plan to achieve our goals by taking the following actions:

- ***action 1 Will provide information to clients.***
- ***action 2 Will display posters to inform the work force.***
- ***action 3 Will make observations of staff and provide feedback.***

Essex Food Safety Services is committed to working with HSE and the Local Authorities on this issue - together we can make a real difference.

Yours sincerely

Trevor Laplain
Consultant and Trainer
Essex Food Safety Services
48 Pebmarsh Drive
Wickford
Essex SS 12 9AU

Tel: 01268 573 966
mob: 07931 764 304
Email: tlaplain@mac.com