

Emmie Galilee
Stakeholder Liaison
Better Backs Campaign
Health and Safety Executive
Rose Court
2 Southwark Bridge
London SE1 9HS

date: 8th November 2007

Dear Emmie

Conwy and Denbighshire NHS Trust is delighted to support this year's Better Backs campaign which aims to reduce the incidence and impact of back pain and upper limb disorders caused or made worse by work and to reduce the number of working days lost to these causes.

We have set ourselves the following goals with view to tackling back pain and upper limb disorders in our work place:

- **Setting up a support group to assist staff with back problems and muscular skeletal problems to offer physiotherapy, establishing work processes and activities, working with staff to ensure correct manual handling, looking at DSE users to prevent injuries**
- **Establish commitment from occupational health, staff physiotherapist, and manual handling facilitator, back care adviser and health and safety clinical lead nurse. Design aims and objectives of group, formulate a assessment criteria for referral of staff to the appropriate person**
- **Health promotion campaign to prevent injuries.**

We plan to achieve our goals by taking the following actions:

- *Appropriate leadership and establish the way forward*
- *Trail this new intuitive for 3 months*
- **Working in partnership with occupational health**

Conwy and Denbighshire NHS Trust is committed to working with HSE and the Local Authorities on this issue - together we can make a real difference.

Yours sincerely

Carol Westwelle
Health and Safety Clinical Lead Nurse
Health and Safety Department
Conwy and Denbighshire NHS Trust
Saran Lane
Bodelwyddan
LL18 5UJ