

Emmie Galilee
Stakeholder Liaison
Better Backs Campaign
Health and Safety Executive
Rose Court
2 Southwark Bridge
London SE1 9HS

5 October 2006

Dear Emmie

Glasgow Airport Ltd is delighted to support this year's Better Backs campaign to tackle back pain in the work place.

We are serious about managing the risks of back pain at work and will be demonstrating our support by taking the following actions:

- **Having our on-site physiotherapist watch staff at work and provide help and guidance on improving manual handling techniques in the workplace**
- **Providing leaflets on backs, healthy lifestyle etc to raise awareness**
- **Having a series of therapists provide free sessions for staff eg hot stone massage, back-rubs, chiropody, reiki**
- **Providing fresh fruit in staff restrooms**
- **Working with business partners to identify and address common areas of concern eg baggage hall, check-in desks**

By doing these things we plan to achieve the following:

- **reduce back injuries and sickness absence**
- **raise awareness of reasons for back injuries and methods of prevention**
- **engage staff in looking after their own health and fitness**

Glasgow Airport Ltd is committed to working with HSE and the Local Authorities on this issue - together we can make a real difference.

Yours sincerely



Alan Barr
Managing Director