

Emmie Galilee
Stakeholder Liaison
Better Backs Campaign
Health and Safety Executive
Rose Court
2 Southwark Bridge
London SE1 9HS

date: 6th September 2006

Dear Emmie

Burdens Limited is delighted to support this year's Better Backs campaign to tackle back pain in the work place.

We are serious about managing the risks of back pain at work and will be demonstrating our support by taking the following actions:

- ***Training our Safety Team to be IOSH MH Trainers***
- ***Running a poster campaign***
- ***Deliver continuing MH training to all staff throughout 2006 & 2007***
- ***Where identified, trial equipment that will eradicate the need for handling***
- ***Investigating and analysing our incidents to learn where we can improve***
- ***Developing better risk assessment by utilising tools such as MAC***

By doing these things we plan to achieve the following:

- ***Increase awareness of MH issues and best practise***
- ***Decrease the number of back related accidents and reportable incidents***
- ***Improve our safety culture***
- ***Involvement of more staff in varying ways***

Burdens Limited is committed to working with HSE and the Local Authorities on this issue - together we can make a real difference.

Yours sincerely

Ryan Coles
Group Safety, Health & Compliance Officer